

02 How to play games of music appreciation with our children?

In reality, music is meant to be "played". Almost a hundred years ago, educational psychologist James Mursell stated that the intrinsic nature of all the musical activities are meant for appreciation practice. In fact, music is something that can be "played". Therefore we should give great importance to play music with our children. The significant characteristic of "playing" is to enjoy. Consequently, parents please bear in mind not to force an enjoyable activity to become knowledge and technique acquirement training. Here are some of the music "playing" activities which are simple and easy to practise:

Transmit for the whole family a selected piece of beautiful music in the morning as a wake-up call. The nature of the music should be elegant, soft, gentle and avoid being too loud so that the children may be woken up naturally and comfortably. For this we can change for another piece of music periodically.

After the routine washing and cleaning, the music can be changed to a relaxing and lively type, teeming with vitality, whereas we may perform physical exercise with our kids. The performance can be gymnastics, dancing or even a chasing game. For the young and small children, it is the best occasion for closer bodily contact with the parents. For example, it can be in the form of "guided exercise" or holding the little one in the arms, on the laps or placing the child on the shoulders while caressing, swaying, rocking, or tossing along with the music.

When the kids are very energetic during the day, we can play games of singing with them, recite short rhythmical poems or nursery rhymes together. Other options are games of drawing or story telling in the background of music. Should there be siblings or other children in the neighbourhood, the parents may organize them to join in the program. Anyway, experiences of participation

of and enjoying with the adults from the family is something very precious to all kids.

When the whole household are gathered together to appreciate the company of each other in the evening, light music can be set while everybody is doing some quiet affairs. It can also be reading or story telling in music. For the very small kids mild massage in soft music and soft light is an excellent practice. (This activity is best to be accompanied by the grown-up's tender words, talks or ballads). This sort of musical exercise is different from that of the morning as the latter is more rhythmical and refreshing with the effect of stimulation.

The evening music allows the children to enter into serenity and comfort. Therefore the music chosen should be pacifying and all parenting activities own better results in a gentle and peaceful atmosphere.

Bedtime is also lullaby time.

This is another important session for the interchange of intimacy. It would be very marvellous if the child has frequent chances of appreciating the classical cradle songs from the world treasure of music.

To tell the truth, a child's music capacity is automatically nourished and developed in these affectionate daily activities. Let us come and "play" music with our children!

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03 学位求助

学位求助是教育暨青年局为确保任何有意求学人士，尤其适龄就学的离校生、新来澳人士实现就学的需求而无法寻找到学位，难以进入学校读书所提供的服务。

首先，在学位求助的途径方面，求助者或家长可致电教青局查询（幼稚园及小学-3972306/中学-3972304/特殊教育方面 - 401010），或登入教青局的网页（网址：<http://www.dsej.gov.mo>），在「资料查询」栏上的「学校资料」，查阅适合自己孩子报读的学校，并可到该校询问是否接受入学申请；亦可亲临位于澳门约翰四世大马路7-9号教青局新大楼一楼或美丽街31号德记商业大厦二楼（特殊教育方面）要求协助。

求助者或家长到临本局为子女求助学位时(非中学生者须家长或监护人携同)，需带备的资料包括：居民身份证或有效的居留证明文件、学历证明或之前的成绩表，于教青局作一些简单的学位求助资料登记，以让学校对该生的情况有初步的了解。

在求助学位上，若个案情况显示家庭经济有困难，可以申请本局的「学费及文教用品津贴」服务，以减轻了家长支付子女书簿杂费的负担。

而学位处理安排上，本局人员按求助个案的资料，联络一些适合求助人的学校，学校愿意接受报读时，本局随即向家长发出一封「家长信函」，同时提供一些面试技巧，让家长按照学校所约定的时间，带同求助者前往学校见面。

但学生若有特殊教育需要问题，本局会为学生安排评估服务，以便提供合适的教育安置让学生愉快学习。在中学方面，若未满15岁而又离校有一段长时间的青少年，假如暂时未能即时安排适合学校就读，本局会先安排其入读「校园适应学习计划」，从而建立其自信心与学习动机后，再安排进入学校接受教育。