



Papel do “Grupo de Apoio ao Tratamento de Grave Acidente Escolar”

O “Grupo de Apoio ao Tratamento de Grave Acidente Escolar” é uma organização de funcionamento independente, sendo responsável perante a escola na qual aconteça o acidente e a DSEJ. Mesmo escolhidos e acreditados por várias instituições de serviço de aconselhamento, os membros do grupo intervêm em nome do grupo no caso quando participem no trabalho do grupo, ultrapassando, por um lado, limites das instituições, devendo também manter, por outro lado, o princípio de guardar os segredos.

Como arranca o “Grupo de Apoio ao Tratamento de Grave Acidente Escolar”

Caso acontecer um acidente grave e for preciso o apoio do grupo, poderá este arrancar de acordo com o seguinte processo:

1. A escola com aconselhador acreditado na própria escola

A escola comunica ao aconselhador acreditado na escola e cabe à instituição ao qual este pertence contactar o convocador do grupo que deverá recolher as informações e tomar a decisão com a instituição, se deverá arrancar o grupo ou não, considerando a situação do acidente grave (tais como o número de pessoas afectadas ou a dimensão dos sectores envolvidos, entre os outros.).

2. A escola sem aconselhador acreditado na própria escola

A escola comunica à DSEJ e cabe à DSEJ comunicar ao convocador do grupo que deverá contactar a escola e recolher as informações das pessoas envolvidas, assim mesmo tomar a decisão com a escola se deverá arrancar o grupo ou não, considerando a situação do acidente grave (tais como o número de pessoas afectadas ou a dimensão dos sectores envolvidos, entre outros.).

Disposição de trabalho pós arranque do Grupo de Apoio ao Tratamento de Grave Acidente Escolar

- O convocador do grupo contacta o chefe do grupo para colaborar no programa de tratamento de crise, definir o número de pessoas necessárias.
- O chefe do grupo contacta os membros do grupo de acordo com o número de pessoas necessárias para a situação.
- O convocador comunica a instituição à qual pertencem os membros do grupo que precisem de participar no tratamento do acidente.
- Antes de tratamento, o convocador convoca/preside a reunião de breve apresentação com os membros participantes do grupo e distribui-lhes os trabalhos.
- Começa a acção de tratamento de acidente.
- Os membros do grupo devem informar, pós cada trabalho concluído, ao chefe do grupo a situação, os casos especiais descobertos e o apoio necessário, devendo este comunicar periodicamente o desenvolvimento do trabalho ao convocador e à escola.
- Concluídos todos os trabalhos de tratamento de acidente grave, cabe ao aconselhador acreditado na escola acompanhar o aconselhamento posterior ao indivíduo ou turma que precise de mais tratamento e acompanhamento, sob condição de discutir com a escola. No caso de escolas sem aconselhador acreditado na escola, cabe ao Centro do Apoio Psico-Pedagógico e Ensino Especial da DSEJ prestar o serviço do acompanhamento.

Para mais informações

É favor ligar para o telefone: 28401010, nas horas de expediente para o Centro do Apoio Psico-Pedagógico e Ensino Especial da DSEJ, Endereço: 2º andar, No. 31 de Rua Formosa, E-mail: cappee@dsej.gov.mo

02 School Crisis Management

1. How to handle pressure brought by crisis event?

• What is [Crisis Event]?

Crisis Event means an incidence or situation that happens suddenly in the community. The accident involves personal safety or the accident has a broad impact bringing psychological hurt and sentimental restlessness on persons who experience or know this accident. Examples are traffic accident, neighbor's suicide and outburst of epidemic diseases.

• What is [Pressure Reaction after Crisis Event]?

After the happening of crises event, the person involved may create some strong psychological reactions such as indifference, insensibility and some uncomfortable signals in body may appear because his/her usual mode of handling event does not work. These natural reactions in face of unusual situation are called [Pressure Reaction after Crisis Event].

• What are the aspects included in pressure reaction after crisis event?

The followings may appear:

- Body Headache, stomach upset, change of appetite, nightmare, insomnia, breathing problem
- Emotion Melancholy, restless with anxiety, easy to lose one's temper, afraid of loneliness, feel helpless, lack of sense of personal safety

- Cognition Thinking in confusion, lack of concentration, suspicious, poor memory, difficult to make decision
- Conduct Backward conduct, weep, attack, fall back from friendship, lost of interest on daily life, keen sense of environmental danger

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• How to deal with this pressure reaction?

If you or your friends or relatives around happen to be in the above situations, the followings are suggested:

- Suitable drink or food Take in more food with protein, carbohydrate and natural amino acid
- Proper level of exercise Can improve sleeping and balance the substance created from pressure inside our bodies
- Relaxed activities Can lessen symptoms of agitation, pressure and head-ache
- Pour out trouble to suitable and trustworthy person Can relax emotion and obtain other's support, allow them to have better and clearer understandings of their situation

• When shall we need professional counselling?

When it happens:

- Feel that the same event happens again
- Continue to avoid contacting persons, places and things related to the event
- Continue to have over-alertness and over-reaction

If these situations continue for over 30 days, and affect your daily life, you need to ask for help from professionals.

2. School Crisis Event Support Team

• What is [School Crisis Event]?

School Crisis Event is the sudden happening of incident related to students in or out of campus. The incident involves personal safety or the incident has a broad impact and the persons who experience or know the accident are hurt psychologically, have emotional restlessness, etc. Examples are student traffic accident, student suicide and school violence.

• Why set up [School Crisis Event Support Team]?

School days are the time when student gradually develop their body and mind. When school crisis event happens, whether the event is managed appropriately or not will affect student's psychological health and growth directly. Therefore, there is a must to set up the [School Crisis Event Support Team]. This small team coordinates and makes use of the resources inside or outside schools to lessen the negative effect brought about by crisis event on school, student and teaching staff of this school.

• People of [School Crisis Event Support Team] serve for

It serves for secondary school, primary school and kindergarten students, student's parents and teaching staff of schools in Macau.

• Members of [School Crisis Event Support Team]

Members of this team are student counselors with related professional qualification assigned from the Educational and Youth Affairs Bureau and other counseling organizations. The team composes 17 members, 3 of them being the convener and vice-conveners, and the remaining 14 members are divided into two small groups.

• Roles of [School Crisis Event Support Team]

[School Crisis Event Support Team] is an organization which operates independently on condition of confidentiality and is responsible to the event happening school and the Educational and Youth Affairs Bureau. When members of the team participate in the group works, they are working cross organizations and in the name of this team to provide crisis intervention services.

• How to activate [School Crisis Event Support Team]?

When crisis event happens in school and needs the support from the team, the following procedures will activate the team:

There is student counselor stationing in school.

School informs school stationed counselor. The counselor's respective organization will inform the team convener. Then the team convener collects information and works together with the organization to decide whether or not to activate the team according to the situation (the number of people being affected, the scope of affected area, etc.) of this crisis event.

There is no student counselor stationing in school.

School informs the Educational and Youth Affairs Bureau which will inform the team convener. The team convener contacts school and gathers information from related persons to decide whether or not to activate the team according to the situation (the number of people being affected, the scope of affected area, etc.) of this crisis event.

• Job arrangements after activation of [School Crisis Event Support Team]

- The team convener contacts group leader to jointly work out a plan for managing the crisis and ascertain the number of personnel needed.
- Group leader contacts group members according to the plan.
- Team convener informs the respective organizations of group members.
- Team convener calls for a brief pre-intervention meeting and assign jobs to group members.
- Start to take action to deal with the event.
- On completion of each job, the group members report the situations after the event, special findings and after-event support to group leader. The group leader then reports the job progress to the convener and school.
- On completion of all jobs dealing with crisis, if necessary, the school-stationed counselor will provide follow up counsel to individuals and classes of the school after discussion with school. If there is no counselor stationed in this school, follow up services will be provided by Centre of Psycho-pedagogical Support & Special Education of the Education & Youth Affairs Bureau.

• For further enquires

Please contact the Centre of Psycho-pedagogical Support & Special Education of this Bureau during office hours. Telephone No. 28401010, Address: 2 andar, No.31 Rua Formosa, Macau
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