



Qualquer idade que tenha, toda a gente precisa companheiro ao começar a ler, poderá ser colegas, irmãos, mas o mais ideal é o pai ou mãe. Se os seus filhos ainda não têm hábito de leitura, é melhor obter um livro na livraria ou biblioteca com eles e ler com eles. Vocês podem ler juntamente ou por turno, mas de qualquer modo, os pais devem ler com os filhos. No decurso da leitura, pode descobrir o progresso dos filhos e também ter conhecimento do seu próprio aperfeiçoamento.

### Ensinar com palavras

Muitos pais acham que aconselhar os filhos para ler mais já é cumprir os deveres dos pais. Seria necessário ler as vezes deles? Realmente, os pais não podem depreciar a leitura. Leitura é uma actividade de pensamento de alto nível. Leitura não é uma capacidade natural, mas deve ser obtida através do estudo de longo prazo. Em termos do decurso para formar a capacidade de leitura dos filhos, além de ensinar com o próprio exemplo acima referido, ensinar com palavras também é importante. O que os pais podem fazer?

### 1. Orientação

Os seus filhos, durante o processo de crescimento, precisam várias orientações. Os pais podem guiar os filhos para escolher leituras em casa. Jornais, revistas, o que é mais apropriado para os seus filhos? Temos de perceber que quem lê mais um tipo de leitura e transforma para aquele tipo de pessoa. Neste caso, os pais devem escolher bem publicações para a família, sendo isto uma orientação. Os pais ensinam os filhos o processo de ler uma publicação, como por exemplo, ler com atenção a capa, contra capa e pensar o conteúdo do livro; ler página por página e observar as ilustrações, lançando-se ao livro; depois de ler todo o livro, recordar o conteúdo e pensar os próprios sentimentos. Os pais ainda podem utilizar as suas compreensões de leitura para orientar os filhos a ler ou participar nos respectivos cursos de formação para os pais, aprendendo maneiras de instruir a leitura.

### 2. Intercâmbio

Na era moderna, as crianças são cada vez mais independentes, têm sempre a sua própria interpretação e ponto de vista para assuntos. Os pais lerem com os filhos é uma oportunidade para contactos e debates entre eles. Por exemplo, depois de ler uma história, eles podem falar sobre personagens, casos e ambiente; depois de ler livro de ciência, eles podem falar sobre respectivo conhecimento científico e o benefício que o ser humano pode obter. Claro que a opinião dos filhos não vai ser igual com a dos pais, mas estes intercâmbios podem incentivar o pensamento, estimular interesse. Por isso, é muito favorável para desenvolver a capacidade de leitura e também melhorar a relação entre os pais e os filhos. Estas duas vantagens podem ajudar os filhos durante toda a vida.

Formar os alunos para enfrentar o desafio da nova era é a missão importante da educação moderna. As escolas estão a esforçar-se por trabalhar para este fim, os pais também devem colaborar com as escolas para realizar o objectivo, as duas partes formam, com mesma vontade as crianças. Leitura é o que a escola dá atenção e também os pais devem considerar importante. Os pais se podem aproveitar bem ensinar por livro, ensinar com o próprio exemplo e ensinar com palavras, podem de certeza explorar um melhor futuro para os filhos.

Se pergunte em que idade os filhos podem começar a ler? Vou responder, seja qual for a idade, mesmo agora é bom tempo!

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Extracto da "Pais Perfeitos", No. 23, Julho de 2008

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## Allow Children to Start Their Reading Ability

"A good beginning holds 50% success." Today most of the parents concern themselves with the topic of how to make their children win on the starting line. What kinds of school for their children to join? Which language to learn for their children? What kinds of physical and artistic activities are their children to participate in? Parents put much of their mind and spirit on these questions. I have engaged in educational studies for many years and deeply realize that reading is the most important link in learning ability. The secret of parents' success is to develop the reading ability of children in early days.

### Teach Children by books

Before, we always heard that, "Time to regret comes when more 'Books' are needed". But nowadays we rarely heard this. Do they have no such kind of regret or do they not really understand these words? To those people in old days "Books" means all the recorded knowledge i.e. reading materials in general. Until today, reading materials are in great variety because of improved technology and increased information. These reading materials may be hand written, in printing or through electronic transmission. The root of living and learning ability in the era of information is to get hold of information and knowledge efficiently and promptly. Say it simply. It is the reading ability.

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The ancient man said, "A man of vast reading writes on pages and pages easily." Again, it was said, "Vast reading of poems and books creates a lofty character." It was believed that reading could help expression in writing and enhance personal quality. In fact, over 90% of modern people's life learning comes from reading. Therefore, the prerequisite for children's future learning success depends on the development of their reading ability. Firstly, parents need to buy books, writing desks and bookshelves for their children to be taught by books. Parents can purchase books from bookstores; receive books from friends as a gift or purchase second-hand books. The children are able to find their own places for reading books if they have their own writing desks and are able to touch books when they have their own bookshelves. Books can attract you to read as well as teach you to read.

### Teach Children by examples

It has been for a long time that we are taught to read much but seldom taught on how to read. People always think of reading more but the question is: How to make today young people read more?

In my opinion, parents are the mirrors of their children. A child reflects the personalities of his parents. If you want to teach your children to build up a reading habit, you have to start from yourselves. Parents read more, children will read more too; parents study well, children will study well too. A scholar who studies the Chinese and English reading abilities of primary four students of Hong Kong found that a student who lived in Tuen Mun scored the highest marks in Chinese and English reading. He did not come from eminent family but come from a simple family. The student's father was a Sino-Hongkong chauffeur and his mother was a housewife. His father loved swordsmen fiction and his mother always bring her children to go to library. From that, we can see that example teaching is an important way to develop the reading character of children.

Whatever age they are, children need someone to be in company with when they start to read books. The companions may be schoolmates, brothers or sisters but parents are the most ideals. If your children still do not have a reading habit, please accompany your children to find a book in the bookstore or library and start to read with them. You and your children may read together or take turn. Anyhow, if you start to read with your children, you will notice their improvement and yours too.

### Teach Children by words

Many parents believe that, "we have advised our children to read books more, have we fulfilled our duty as parents? We should read for them, should we?" In fact, parents should not look down upon reading. It is a high level of thinking activity. We are not born with reading ability. Actually, this ability comes from long term learning. In the course of developing our children's reading ability, besides the above-mentioned "teach by example", "teach by words" is also important. What can the parents do?

#### 1. To guide

The growing-up children need different kinds of guidance from their parents. At home, parents can guide them to choose reading materials. What kinds of newspaper and magazine are suitable for their children? We have to understand that the kinds of our reading materials will have direct impact on the kinds of people we shall be in future. The first guidance for children is to teach

them the procedures of reading a book. For example, to read into details on the front cover, back cover, spine of the book and then guess the content of the book; read the book by page order, observe the illustrations, imagine themselves to be in the situation and read the whole book. Then ponder over the contents and think over their own feelings. Of course, parents can apply what they get from reading to guide their children to read or to participate in parent educational courses to learn the method of reading guidance.

#### 2. To communicate

Modern children are getting more independent day by day. They have their own understanding and points of view on general things. Parents can seize the chances of mutual communication and discussion when reading books with their children together, for example to discuss the personages, plot and circumstances on stories. After reading books on science, parents can discuss scientific knowledge and its helps on human being etc. Of course, parents and children's viewpoints may not consistent, but communication can improve thinking and arouse interest. In this way, it helps the development of children's reading ability and improves parent-children relationship. These two benefits are life-long lasting for children.

It is an important mission for modern education to equip the students to face time challenges. Since schools are working hard continuously, families need to fit in with the targets of the schools. Families and schools need to work in joint collaboration to develop the children. Schools concern themselves in reading books and families must treasure reading books too. If parents can use "teach by book", "teach by examples" and "teach by words" efficiently, they can develop a good future for their children.

If you ask me, "What is the right age for children to start?" I will answer, "Right now, no matter how old they are!"

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Excerpted from "Perfect Parents" 23rd Issue, July 2008

