

On Making Choices

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Have you ever had difficulty making choices or trying to decide whether to do something or not? When the need arises, most people hesitate. Indeed, hesitation is something natural. You hesitate probably not because you are indecisive. Instead, it may imply that you are sensible and prudent. You care about your future and try your best to avoid dreadful ripple effects. However, in cases like this I always have a clue and do not hesitate at all. In the following paragraphs I will explain how choices should be made without hesitation.

When it comes to issues concerning seeking long-term fulfillment with almost no adverse consequences, you should always go for it. Let's take participating in a contest as an example. The word 'contest' alone puts pressure on people. It is true that you may feel anxious and embarrassed when you go on stage. However, what you will eventually gain is not just experience but also respect from others. I am certain that this experience will change you in some way, and you will be quite delighted when you look back on this part of your past later in life.

Moreover, you should never try to predict your future with reference to your past experiences. Life is unpredictable, and control is just an illusion. Using the past to predict the future will only keep you depressed, and you are likely to give up opportunities which would otherwise shine. For instance, you should not hesitate about taking an examination just because you have once failed in a test. Even if it is just a snowball's chance to secure a pass, the chance is there and you have got nothing to lose. Rest assured that your decisions make both short-term and long-term sense. If you assume that you will regret not taking action, then stop hesitating and go for it at once.

In a nutshell, you have to always bear in mind that though your experience in the past has made you who you are now, making the wrong choices does not mean that your 'game' is over. You can never foresee the consequences of your decisions. Therefore, it does not matter whether you have made the right or wrong choice. What is important is whether you have tried your best to make things right or not.